

Essex events

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First Selectman's Corner

Dear Friends and Neighbors,

Summer is in full swing and our three Villages are teeming with activities and people! It is great to see so many residents and visitors in town enjoying our marinas, shops, restaurants, and attractions that all make Essex a unique place to live.

Please get out and enjoy the remainder of our summer events in Town, including:

- Ivoryton Village Farmers Market, Ivoryton Green, Saturday mornings until October 10
- Summer Concert Series, Main Street Park / Ivoryton Green, July 1-August 12
- Thursdays on the Dock, Connecticut River Museum, Essex Village, July 9 - August 27
- Lions Club Lobster Bake, Main Street Park, Essex Village, August 1
- Ivoryton Playhouse, production of "Memphis", August 5 – August 30 and Little Shop of Horrors, September 23 – October 11
- First Baptist Church Arts & Craft Fair, Main Street Park, Essex Village, August 15

Residents are encouraged to be mindful of hurricane season which is now upon us. Hurricane season is listed as June 1-November 30 each year, though storms can occur outside these dates. The Town of Essex has an Emergency Preparedness Guidebook for our residents and you may refer to these guidelines to help you prepare.



First Selectman Norm Needleman

Copies of the guidebook are available on our website, www.essexct.gov, click Government, click Departments, click Emergency Management.

I would like to thank all the Essex residents for unanimously supporting the annual budget. A \$23,251,936 combined town and schools budget plan for fiscal year 2015-2016 was approved by voters at the annual budget meeting held May 11th. The total spending package, which reflects a .85 percent increase over the current fiscal year total, includes a \$7,456,688 town government budget, a \$7,603,101 appropriation for Essex Elementary School, and the Town's \$8,192,147 share of the Region 4 education budget. The Board of Finance set a mill rate of 21.08 to fund the 2015-2016 Budget.

Continued on page 3

HELLO NEIGHBOR!

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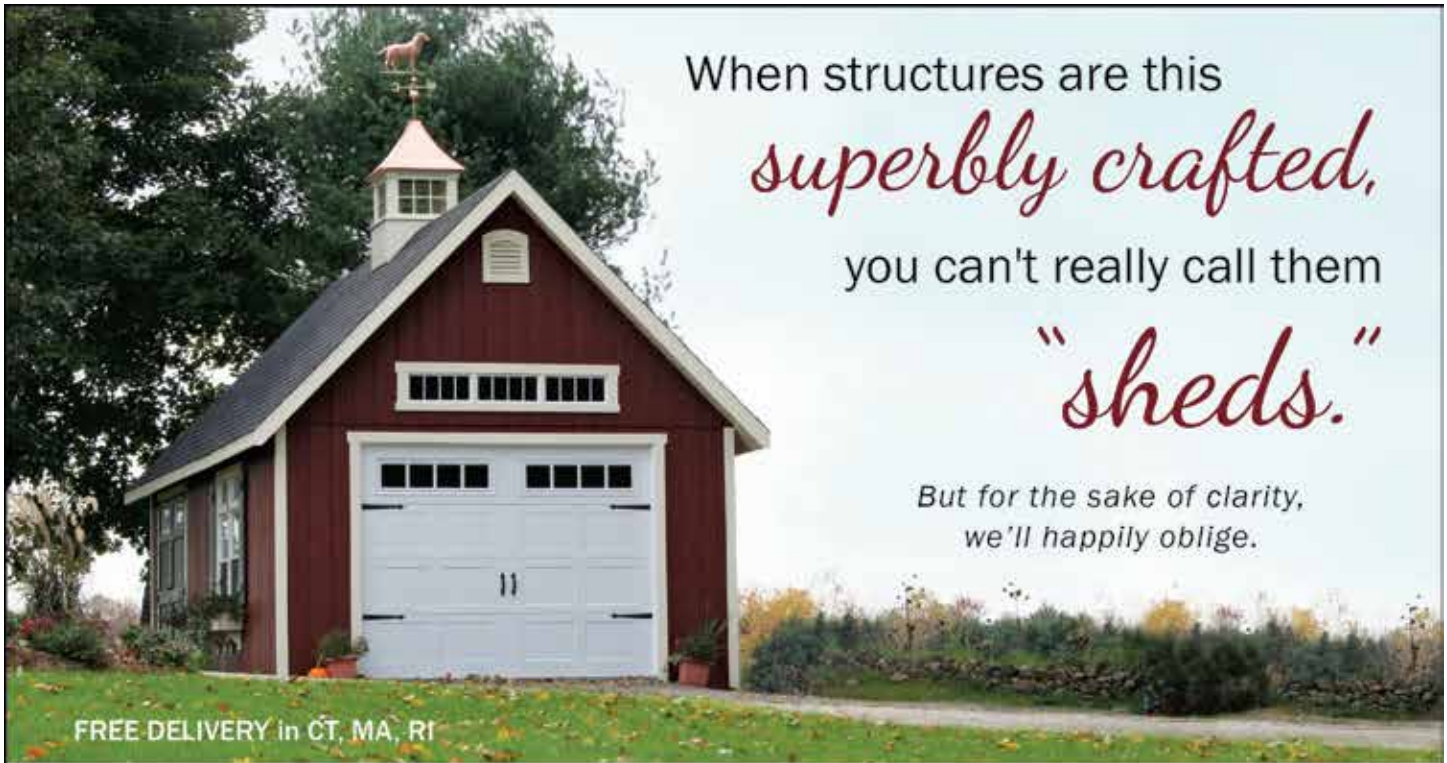
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SELECTMAN'S CORNER...continued from page 1

I would like to congratulate Mary Ellen Barnes, newly appointed as permanent Park and Recreation Department Director. Mary Ellen has done a terrific job serving as Park and Recreation Program Coordinator over the years and this promotion is well deserved.

Special congratulations to Judy DeLeeuw, East Lyme Middle School Principal, on being named the "2015 Connecticut Association of Schools Middle School Principal of the Year." Judy is an Essex resident and wife of Dave DeLeeuw, Building Inspector for the Town of Essex.

Belated congratulations to the Essex Rotary Club and CT River Museum for collaborating on the successful Rotary Shad Bake. Finally, congratulations to Brewers and Essex Island Marina for hosting the June International Boat Expo. Both events brought in significant crowds and a good time was had by all!

The Town of Essex website, www.essexct.gov, has been up and running for approximately three years and it is time for a review. Betsy D'Amico, in the First Selectman's office, is undertaking the project to update the functionality of the website. We are looking for suggestions from the public on how to improve the site. What would you like to see changed? What is your experience using the website? Do you use the mobile version? Please contact Betsy at bdamico@essexct.gov with your suggestions. Your input is greatly appreciated!

All the Best, Norm

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Essex Printing Wins 2015 Award of Excellence

For the past 3 years Essex Printing has been honored to be a multiple award winner for its quality of printing from the Print Industry of America (PIA) and the Print Industry of New England (PINE).

In 2014 Essex Printing received the highest award from PIA the "International Bennie Award." Winners are considered "The Best of the Best" in the printing industry.

Bill McMinn from Essex Printing and Gary Parrington from Lyme Art Association are shown in photo with Lyme Art Association "Incredible India Invitation." The invitation was recognized by PINE and awarded the 2015 Pinnacle Award for its exceptional use of design, print and use of paper to create a bright and lively invite. The Pinnacle Award is given to the most outstanding entry in its category. Given the high standard the entries must be flawless to win.



Stay Informed. Signing up for the Essex News e-mail list will provide you with information and updates on events from the First Selectman's Office. (Your address will be used solely for this purpose.) To add yourself to the list, email your contact information to essexnews@essexct.gov with the subject **Town Email List**.

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The Essex Public Library

Some exciting changes have come to the Essex Library in recent months thanks to the generosity of three community partners. As patrons enter the Library building they are now greeted by our new digital bulletin board, which was made possible by a grant from Guilford Savings Bank. This wonderful tool will allow us to present publicity about Library programs in multimedia formats, including short video clips. It will also be used to keep you informed about upcoming events sponsored by other non-profit organizations in our community.

Thanks to a grant from the Essex Rotary Club, we now have a museum quality system for displaying the works of local artists, which change on a monthly basis. The Rotary grant also paid for an audio learning center for our Children's Department. What's an audio learning center? It's an important tool for helping children reach their full reading potential and will help us meet one of our core goals, which is to encourage literacy.

Last, but by no means least, three new public computers will soon be available on the adult side of the Library thanks to a generous grant from the Aeroflex Foundation. Access to computers with a high speed internet connection and software



like Ancestry.com is one of the most popular and important services that we offer. These additional machines will enable us to instruct more of our patrons in the latest technologies, as well as provide an important tool for people like job seekers or others who may not have a computer at home.

We are extremely grateful to these three organizations for their generous gifts. The Essex Library would not be able to provide the high level of service that we strive to bring to our patrons without their community minded support!



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Essex: Once in a lifetime opportunity to own the remainder of Foxboro Point with 7.85 acres. Price includes a stunning 4,500 sq. ft. totally renovated Victorian c1870, the Historic Windmill, one of the most recognized landmarks on the Connecticut River which can make a fabulous guest house, and three additional approved building lots. Offered at \$8,800,000



Lyme: A long winding private road takes you to this stunning 10 acre, direct waterfront estate on Hamburg Cove. This 4 bedroom contemporary and a 2 bedroom guest house with a heated swimming pool, have long sweeping water views from all angles. A protected deep water dock is a haven for boaters. The Cove leads to the majestic Connecticut River. Offered at \$3,250,000



Old Saybrook: Beautiful historic home with stunning views of the Connecticut River and the entrance to North Cove. This 1870 home was meticulously renovated between 1999 and 2002. The property is elevated well above the river and does not require flood insurance. Co-Listed with Randi Bradbury. Offered at \$2,450,000



Deep River: Waterfront Serene setting, phenomenal views overlooking Money Creek, the CT River and Eustacia Island. Private road. 3 bedroom, 3.5 baths with separate Studio/Office with 1/2 Bath. Artfully landscaped gardens, in ground Gunite pool, screened porch, deck. Perfect for entertaining. Marinas nearby. Offered at \$1,148,000



East Haddam: A 13 acre Estate with majestic columned, 4 bedroom Colonial, features: Barn, fenced paddocks, tennis court, in-ground pool and 2 acre pond. The well appointed kitchen is open to the Dining Room with stone fireplace. Rustic wood paneling and wood beams, custom millwork. Offered at \$1,125,000



Essex: This picturesque, two bedroom "Cottage" is surrounded by lovely gardens, blue stone patios and stone walls. A corn crib has been artfully transformed to create a unique dining room with wood beams, high ceilings and a wood burning fireplace. An enchanting property with deeded access to South Cove. Offered at \$649,000



Essex: Walk to Essex Village from this well maintained, Antique, Classic Stephen Starkey home with four bedroom and three bath. All baths are updated, open eat-in Kitchen with island, screened in porch. Views of the beautiful landscaped gardens from most rooms. Offered at \$598,000



Essex: Historic 1898 Tudor style jewel. Fully renovated interior including period details restored. New air conditioning and heating. High ceilings, beautiful oversized leaded windows throughout and a gas fireplace. Professionally landscaped, new bluestone terrace with custom lattice privacy-walls. Full basement, deeded parking space. Offered at \$495,000

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Seventh Annual Run Local/ Read Local

A 5K Road & Trail, Run/Walk through Ivoryton

The 7th annual Run Local/Read Local 5k Road and Trail Run/Walk Race benefitting the Ivoryton Library is scheduled for Saturday, October 17, 2015. This fun, family-friendly event is sponsored in-kind by Essex Park and Recreation and Essex Land Trust. It's the perfect opportunity for families, runners and walkers alike to enjoy a fabulous fall day in one of Ivoryton's beautiful open spaces, the Falls River Preserve along the Falls River.

The run begins at 9:15 am near the Library and the route meanders through historic Ivoryton continuing into Falls River Farms and the Falls River Preserve before circling back to end at the Library. The "Pumpkin Run," a special run event for children age 8 and under, takes place in Ivoryton Park at 8:45 am. All Pumpkin Runners receive a pumpkin at the end of the run.

Registration in the Ivoryton Park will begin at 7:30 am for all walkers and runners. Awards are presented to the top runners and walkers in 7 age groups. Awards also for best costume, female, male and group. The first 200 entrants for the 5k will be given T-shirts.



Pick up applications at the Ivoryton Library or register online by following the link at www.ivoryton.com. Any questions or to volunteer, contact the Library at 860-767-1252 or staff@ivoryton.com.

Race Details

Entry fees: 5K pre-registration through Thursday October 15 is \$20; 5K Race Day registration is \$25; Pumpkin Run, any time \$5.

Please join us in creating a successful and memorable event for this community so that we may look forward each year to a fall run in Ivoryton.

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Maureen/John O'Grady, x16



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Gigi Giordano Taylor, x13



IVORYTON: Lovely Reproduction 4 BR, 3.1 bath Colonial with cathedral ceilings, fireplace in Great room and tray ceilings in first floor Master Bedroom. Cherry floors, crown molding. Private yard. \$620,000

Ed McCaffrey, x15



ESSEX: Spacious 3 BR Cape offers open floor plan with updated Kitchen, first floor Master suite and large office. Deck overlooks perennial gardens. Meticulously maintained home. Walking distance to the village. \$515,000

Mick Marsden, x38

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The Ivoryton Playhouse

The Ivoryton Playhouse sets sail from the *South Pacific* on its way to *Memphis* in August.

The Tony Award winning musical, *Memphis*, opens at the Ivoryton Playhouse on August 5th and runs until August 30th. Set in racially segregated Memphis, Tennessee during 1955, *Memphis* tells the story of a seminal moment in music's history – the birth of soul and R&B.



Inspired by true events from the underground dance clubs of 1950s, *Memphis* follows the fame and forbidden love of a radio DJ who wants to change the world and a club, soul singer who is ready for her big break. With soaring emotion and boundless energy, *Memphis* features an electrifying score of blues, rock, ballads and gospel created by Bon Jovi keyboard player David Bryan (with lyrics by Joe DiPietro) as well as roof-raising

choreography. Filled with music for your ears and dance for your eyes, *Memphis* also goes much deeper – into your heart – telling a classic Romeo and Juliet style story of forbidden lovers. So join us in August on an incredible journey to the ends of the airwaves – filled with laughter, soul and rock 'n' roll!

Waiting in the wings at the Ivoryton Playhouse: *Little Shop of Horrors* (September 23rd - October 11th) and *Liberace!* (October 28th – November 15th). Want to introduce your little ones to live theatre? We have Summer Children's Theatre performances featuring *Goowin's Balloowins* on August 14th and Casey Carle's *Bubblemania* on August 21st. For more information about these and all shows at the Ivoryton Playhouse, please call 860.767.7318 or visit www.ivorytonplayhouse.org



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Beautification of West Avenue and Beyond

For many years there has been concern about the appearance of the West Avenue entrance into Essex Village. Following a public hearing in 2001, Augie Pampel, Essex Tree Warden, requested that the Essex Tree Committee develop a plan for the area and that the existing arborvitae trees remain until a West Avenue Gateway Plan was developed. Now 14 years later with the help of local funding and cooperation the plan is underway and work has begun to beautify this Essex Village gateway.

As residents enter Essex Village, they will see new Eastern Red Cedar trees providing both screening and greenery along West Avenue to the intersection with 154 and 153, making the Fire Department rear buildings and Eversource electric sub-station far less visible.

The significant funds for this project were equally provided by The Essex Foundation

and the Essex Fire Department with a smaller contribution by the Essex Tree Committee. Dave Caroline and his Town crew cleared the site prior to the planting and Fred Weber and Associates and his crew skillfully handled the planting of the large specimen trees. Ken Bombaci, a member of the Essex Tree Committee, was instrumental in procuring the beautiful Eastern Red Cedar trees.

Additionally, Augie Pampel, Bruce Glowac, President of the Essex Foundation and Fred Weber are developing landscape designs for the State property at the intersection of 154 and 153 opposite West Avenue. The landscape design will need approval by the State before it can be implemented but the hope is that the landscaping will begin in 2016. In the meantime, the Connecticut Dept. of Transportation has cleared the property of invasive species and undesirable



Bruce Glowac, President of the Essex Foundation and Augie Pampel, Essex Tree Warden admire the new Eastern Red Cedars along West Avenue in Essex. Missing from the photo is Paul Fazzino, Jr., Essex Fire Chief."

vegetation. The goal will be to plant areas with attractive, low maintenance, indigenous species of trees and shrubs.

Continued on page 13

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BEAUTIFICATION...continued from page 12

Funding from The Essex Foundation was made possible by a generous bequest from the estate of the late Elizabeth "Diz" Callender. The Essex Foundation is a local non-profit public charitable foundation dedicated to the betterment of the community of Essex and its residents. Bruce Glowac stated that "the Essex Foundation was proud to be a means through which Mrs. Callender's wishes were being fulfilled."

Augie Pampel stated his appreciation to the Essex Foundation and the Essex Fire Department whose combined funds finally got this project off the shelf and moving along West Avenue and beyond.

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SELECTMEN'S OFFICE

Norman Needleman, First Selectman	x114	nneedleman@essexct.gov
Maria Lucarelli	x112	mlucarelli@essexct.gov
Betsy D'Amico	x145	bdamico@essexct.gov

ANIMAL CONTROL OFFICER

Jae Wolf	860-388-7082	jjwolf@essexct.gov
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ASSESSOR

Jessica Sypher, Assessor	x124	jsypher@essexct.gov
Nancy Berryman	x123	nberryman@essexct.gov

BUILDING DEPARTMENT & FIRE MARSHAL

Keith Nolin, Fire Marshal	x146	knolin@essexct.gov
Darcy Roper	x144	droper@essexct.gov
Dave DeLeeuw, Building Official	x117	ddeleeuw@essexct.gov

HEALTH DEPARTMENT

Lisa Fasulo, Director of Health	x118	lfasulo@essexct.gov
Kerry Berardinelli	x119	kberardinelli@essexct.gov

LANDFILL/RECYCLING CENTER

Mike Birner, Supervisor	860-767-1926	
Bill Armstead		

PARK AND RECREATION DEPARTMENT

Mary Ellen Barnes	x110	mbarnes@essexct.gov
Recreation Aide	x148	

PUBLIC WORKS

David Caroline, Director	860-767-0715	dcaroline@essexct.gov
William Angier, Boris Churyk,		
Richard Gallacher, Ryan Welch		

REGISTRARS OF VOTERS

Lois Ely	x142	registrar@essexct.gov
John Heiser	x142	lely@essexct.gov
		jheiser@essexct.gov

RESIDENT STATE TROOPER

ESSEX POLICE	860-767-1054	
David Tretter, Resident State Trooper		dtretter@essexct.gov
Russell Gingras, Corporal		rgingras@essexct.gov
Paul Kenefick		jkenefick@essexct.gov
Scott O'Donnell		sodonnell@essexct.gov
Todd Belcourt		tbelcourt@essexct.gov

SOCIAL SERVICES

Mary Ellen Barnes	x201	mbarnes@essexct.gov
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TAX COLLECTOR

Megan Haskins, Tax Collector	x120	mhaskins@essexct.gov
Lynne Skinner	x121	lskinner@essexct.gov

TOWN CLERK

Joel Marzi, Town Clerk	x129	jmarzi@essexct.gov
Yvonne Roziak, Assistant	x128	yroziak@essexct.gov

TOWN HALL OPERATIONS

Mark Hiatt	x136	maintenance@essexct.gov
Joe Donofrio		

FINANCE DEPARTMENT

Kelly Sterner, Director of Finance	x122	ksterner@essexct.gov
Dana Novorio	x116	dnovorio@essexct.gov
James Francis, Treasurer	x127	jfrancis@essexct.gov

ZONING ENFORCEMENT

Joe Budrow, Enforcement Agent	x115	jbudrow@essexct.gov
Kerry Berardinelli	x119	kberardinelli@essexct.gov

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Town Clerk's Office

Welcome to Centerbrook, Essex and Ivoryton

John & Nicolette Amedola, 10 Novelty Lane, Essex

Ronald Gieras, 42 Main Street, Centerbrook

Jae Downey, 15 Sunset Terrace, Unit 9, Essex

Avni Krasnigi & Christina Pahis, 25 Carol Drive, Ivoryton

Jeffery Alexander & Samantha Pink, 77 Dennison Road, Essex

Thomas McDowell, 33 Birch Mill Trail, Essex

Harlan Tanenhaus & Kathryn Bonomi, 17 Curiosity Lane, Essex

Gillian Davis, 10 Northwinds Drive, Ivoryton

Fred & Carol Decrescentis, 42 Southwinds Drive, Essex

Sharon Elmore, Kings Lane, Essex

Kamran & Mahnaz Aryan Safavi, 32 Dennison Road, Essex

Carl & Wendy Fossum, 15 Meadow Woods Road, Essex

Kathleen Nano, 85 River Road, Unit G 5, Essex

Peter & Donna Gennaro, 80 Walnut Street, Ivoryton

Stephen Gephard, 18 Highland Terrance, Ivoryton

Loss of Residents and Friends

March

Robert Schneider

Richard Allen

Sean Alexander

Deborah Jacobsen

Jeffrey Staron

Daniel Claffey

Jeanette Spencer

Neale Clapp

April

Edith Herrick

Phillipa Pohl

Stephen Shail

Evelyn Nebauer

Betty Bevan

April continued

Carol Schenck

May

Howard Tingue Jr.

Veronica Koczera

Robert Lane

Lady Barbara Gorham

Geraldine Labecki

Helen Pavelka

Benjamin Costa

Sheila Arsenault

June

Hope D. A. Ruhe

Respectfully submitted by Yvonne Roziak, Assistant Town Clerk

For town updates & information:
www.essexct.gov

Resident Transfer Station Pass Renewals For Household Garbage Only

Beginning October 1, 2015 your current Transfer Station Sticker will expire. Annual Stickers can only be purchased through the Town Clerk's office. Punch cards can be purchased at the Town Transfer Station as well as the Town Clerk's office.

For those residents that will be renewing their annual sticker(s) – limit is 2 per household. A renewal application will be mailed out mid September. You will need to update and complete the application and return along with your payment (check or money order).

Note: no credit card or cash will be accepted via mail. The 2015-2016 Annual Sticker(s) and Punch Card fees are as follows:

\$125 per year (64 or younger)

\$ 75 per year (if you are 65 or older)

\$ 25 per card (10 punches per card for 10 bags of household trash)

We will then mail back to you the appropriate # of sticker(s) or card(s) based on the information received.

If you will be coming into the Town Clerk's office for your renewal sticker(s) or purchasing your first sticker(s), you will be able to come in anytime starting the week of September 21, 2015 between the hours of 9:00 a.m. and 4:00 p.m. For first-timer purchasers, be sure to have with you your driver's license and your vehicle license plate information in order to complete your application.

The Town Clerk's office can accept cash, money order, check or credit card.

Note: If you currently have private garbage pick up you do NOT need to purchase a Transfer Sticker or punch card. As a Town Resident you are entitled to drop off recyclables and brush by proving you are a resident at the entrance of the Transfer Station.

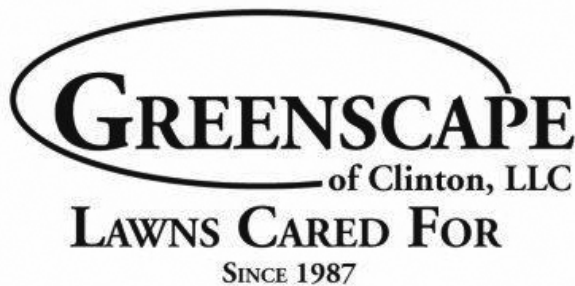


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FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The FISH logo originated during the World War II bombings in London. A London household with available food and a place to sleep would place a fish symbol, a reference from the Bible, in the house's front window to let displaced people know that free food and a place to sleep were available. There are other FISH groups throughout the country, but no central organization.

Residents of our three towns wanting rides and having no other means of transportation may call 860-388-2693 up to noon the day before their appointment (Friday noon for a Monday ride) to schedule a ride for the following day. The destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

In 2014, FISH provided 795 round-trip rides to the residents of our three towns. Of our 51 drivers, 40 are residents of Essex.

The modest budget for FISH is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary, the Essex Savings Bank, the Deep River Community Health Committee and other organizations, as well as by contributions from our drivers and riders.



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Essex Historical Society Celebrates The E.E. Dickinson Company

“What’s in a name?” asks the famous phrase. Well, plenty – especially in Essex, where a name such as “Dickinson” carries rich history and community involvement for more than 100 years. That’s “Dickinson” as in the E.E. Dickinson Witch Hazel Company, the thriving business located next to today’s Essex Steam Train. From the 1860s through the 1990s, four generations of the Dickinson Family dominated the world’s production of witch hazel, an astringent used in salves and cosmetics.

In 2015 and 2016, Essex Historical Society celebrates the E.E. Dickinson Company’s social and economic influences on the town’s three villages during its “Dickinson Year.” EHS’s regular programs will feature explorations of Dickinson sites, as well as the refurbishment of the Yellow Label Store (part of the Dickinson complex) on Plains Road, in partnership with Valley Rail Road.

Join us this fall for a benefit stroll inside several of the former Dickinson-owned homes on North Main Street, Essex, on September 13th. The Benefit Stroll will be the launch of a newly published booklet, authored by longtime Essex resident Eve Potts, on the history of this E.E. Dickinson Company and its contributions to the town.



E.E. Dickinson Witch Hazel Co., early 20th century. Courtesy of Essex Historical Society.

The following is an excerpt from the forthcoming booklet: “...Edward Everett Dickinson, Sr. (1859-1930) was a product of education in local schools and at Hills Academy. A brilliant marketer, E.E. expanded the business after taking it over from his father in 1897. In 1902, he bought a birch factory, added a new

Continued on page 18

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copper still, and a steam boiler. Under his direction, by the 1930s, the Dickinson Company was supplying the largest part of witch hazel in the United States to cosmetic companies who used it in their products and in consumer sales. He created a world market for a previously unknown product by taking advantage of the newly discovered medium of uninhibited advertising.

“The company was completely self-sustained. Everything used was made on site – the barrels were created in-house, equipment was created by local workers – even the handsome weathervane that topped the building, a copper witch on a broom, was designed and fashioned in the copper shop on the property. Everything was impeccably maintained. The towering nine-foot stills were painted with glossy grey paint, the copper trim polished and gleaming. The corners of the steps leading up to the second floor were painted a gleaming, glossy white – E.E. Dickinson’s way of discouraging workers from spitting tobacco juice, a common practice in those days. Even though witch hazel making took place in the fall and winter months, employees would be on the payroll for the entire year. Though the company never employed more than 75 workers at its peak, jobs would be found for everyone during the months when



Dickinson Witch Hazel Label.
Courtesy of Essex Historical Society.

witch hazel wasn’t being cut and processed. By 1924 the company had a new office building on North Main Street and all the property from Bushnell Street to two houses beyond the entrance to Riverview Cemetery, was Dickinson-owned.

“The modest store and office at the corner of North Main and Little Point Street morphed into a larger building. The large house at the corner of North Main Street and Dickinson Lane, called “Hazelhurst,” was rimmed with wide porches. The property behind it, which had been an overnight stage coach stop on the route to Hartford, became the carriage house for Dickinson’s horses. There was a huge flower garden between the main house

Continued on page 19



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HISTORICAL SOCIETY...continued from page 18

and carriage house. Some of the farm help, who care for the horses, cows and chickens and tended to the barns and gardens lived in the rooms above the carriage house..." This excerpt is just a sampling of the complex story behind the important Dickinson Company and the people behind it. Stay tuned for more info on this new publication!

If you are interested in learning more, please join us at our upcoming events or contact us at: Essex Historical Society, www.essexhistory.org, (860) 767-0681. All events are free and open to the public, unless otherwise indicated.

Visit the historic 1732 Pratt House, 19 West Avenue, Essex. Guided tours offered Friday, Saturday and Sunday, 1 - 4pm, through September.

"An Afternoon Stroll through Dickinson History," Benefit Event. Sunday, September 13, 4 - 7pm, North Main Street, Essex. \$60 per person.

Annual Tri-Town Vintage Base Ball Game, Sunday, September 20, 1 pm. Devitt Field, Deep River. Co-sponsored with the historical societies of Chester and Deep River.

Antique Auto Show and Tour of Historic Dickinson Sites, Sunday, October 18, 11 am. Co-sponsored with Belltown Auto Club. Meet at Witch Hazel Works complex, adjacent to Essex Steam Train.

Essex Historical Society Annual Meeting, Sunday, November 8, 4 pm.

Pratt House Thanksgiving Holiday Hours, 19 West Avenue, Essex. Thursday, November 27 and Friday, November 28, 11 am - 2 pm.

Trees in the Rigging, Sunday, November 30, 4:30 pm.

2015 Edgar Rice Burroughs/ Dum Dum Convention

Edgar Rice Burroughs Bibliophile Convention (aka Dum Dum) from August 20-22. Includes a movie marathon, panel discussions and a Tarzan yell competition. Open to the public for FREE at Andrews Memorial Town Hall, 54 East Main Street, Clinton, CT. A banquet at the Clinton Country Club (for a fee) at 6:00 pm on August 22nd. Followed by a Chamber of Commerce fireworks extravaganza at the Clinton Town Beach. August 23rd: Dum Dum Dutch Treat farewell breakfast, also at the Clinton Town Beach.

Organizer & Contact Person: Peggy Adler
ERBDUMDUM2015@gmail.com
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Clean Energy Task Force

The Town of Essex has agreed to take part in the Municipal Bench Marking and Technical Assistance Initiative in collaboration with representatives of the Clean Energy Communities program and Eversource. The bench marking effort will encompass all of the town's municipal buildings and streetlights and will involve entering energy (electricity, natural gas, propane, oil and solar) for the last four years into the online Energy Star Portfolio Manager®. This will allow for easily verifiable year to year savings calculations and the eventual determination of whether or not Essex has met its Clean Energy Community Pledge to reduce municipal energy consumption by 20% by the year 2018.

Benefits of the program are:

- The town will know exactly what the annual energy consumption is for each of the town buildings, and how its buildings compare to similar buildings in other towns

- The town can earn energy points for participation
- The town will have guidance in developing a Green Plan
- The town can choose a building for a free energy audit.

Through participation in resident, business and municipal projects like this one, Essex has recently earned another reward under the Clean Energy Communities program. The Bright Ideas grant of \$4,500 can be used for any town project involving energy efficiency, renewable energy or alternative fuel vehicles.

To learn more about Essex and the Clean Energy Communities go to <http://www.ctenergydashboard.com/>. We welcome you to join the Clean Energy Task Force which meets at the RiverCog in Centerbrook. For more information contact abbottstacy111@gmail.com.

Tick Borne Illnesses

Summer is the time for picnics, hiking, outdoor concerts, and just relaxing in your back yard. It is also the time for ticks to come out and feed. In Connecticut there are several illnesses caused by a tick bite. The common deer tick, *Ixodes scapularis*, can transmit Lyme disease, Human Granulocytic Anaplasmosis (Ehrlichiosis), and Babesiosis. Symptoms of these illnesses include fever, body aches, headaches, and in the case of Lyme disease an expanding red rash. Symptoms may begin from 3-30 days after the bite.

The American dog tick, *Dermacentor variabilis*, can transmit another illness Rocky Mountain Spotted Fever. Symptoms include the sudden onset of fever, headache and muscle pains followed by a rash. These symptoms may appear 3-14 days after the tick bite.

All of these infections can be treated with antibiotics, but without prompt treatment they can cause serious or even fatal illness.

After spending time outside it is important to do thorough skin survey to find any ticks. The longer a tick remains attached the more likely it could transmit an illness. An infected deer tick can transmit one or even more illnesses at the same bite.

The Connecticut Agricultural Station estimates that about 25-30% of deer ticks are infected with Lyme disease. But not every tick bite will transmit the illness. If you find a tick it is important to remove it promptly. Use tweezers and grasp the tick's mouthparts as close to the skin as possible. Using steady pressure, pull the tick upward. After removal wash the area with soap and water and apply an antiseptic. Write down the date it was removed. If you develop a rash at the bite site and/or symptoms of a flu like illness contact your physician immediately.



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 First Baptist Church..... (860) 767-8623
 First Congregational Church (860) 767-8097
 Ivoryton Congregational Church..... (860) 767-1004
 Our Lady of Sorrows Church (860) 767-1284
 St. John's Episcopal Church (860) 767-8095
 Trinity Lutheran Church..... (860) 767-0228

CLUBS AND ORGANIZATIONS

Ancient Order of Essex Weeders..... (860) 767-7628
 Democratic Town Committee (860) 767-7665
 Community Foundation of Middlesex County (860) 347-0025
 Essex Board of Trade..... (860) 767-3904
 Essex Boy Scouts of America (860) 767-3904
 Essex Community Fund..... (860) 304-2751
 Essex Cub Scouts of America..... (860) 790-0681
 Essex Garden Club..... (860) 767-2860

Essex Historical Society (860) 767-0681
 Essex Land Trust..... (860) 767-7355
 Essex Little League www.essexlittleleague.org
 Ivoryton Company of Fifers & Drummers (860) 767-2237
 Lower Valley Visiting Nurses..... (860) 767-0186
 Republican Town Committee (860) 767-3388
 SCORE (860) 388-9508
 The Shoreline Soup Kitchens..... (860) 388-1988
 Tri-Town Youth Services Bureau (860) 526-3600
 9 Town Transit (860) 510-0429

SCHOOLS

Beanstalk Preschool & Childcare (860) 767-3308
 Essex Elementary School..... (860) 767-8215
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The Extra MILE

The MILE (Middlesex Institute for Lifelong Education) Advisory Board has voted to set up a fund for Middlesex Community College students to help with extra expenses such as books, bus passes or student fees. When the registration packets for the fall semester of the MILE program become available an "extra" envelope for voluntary donations to the Middlesex College Foundation will be included. Orientations and registration for the fall session will be held on Wednesday September 9th starting at 1:00 pm. Residents 50 and older are encouraged to participate in as many programs as they desire.

The fall offerings include a performance by Jim Firecrow, a travelog to New Zealand, Living in the Antarctic, Connecticut Gypsies, Making the Most of Your Brainpower, Great Decisions, a trip to the 9/11 Museum and Sustainable Landscaping for Long Island Sound. Brochures will be available at local libraries and senior centers. For more information call 860-343-5863 or visit www.mileonline.org.

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Visiting Nurses of the Lower Valley Announces 2015 Scholarship Award Recipients

In honor of the late Mr. and Mrs. Thomas Murtha of Essex, the Visiting Nurses of the Lower Valley awarded scholarships to 5 local high school seniors. Scholarships were awarded on the basis of academic achievement, volunteerism and motivation.

“We were delighted to have such hard-working, intelligent and highly motivated candidates”, said Susan D. Murphy, co-chair of the scholarship committee and member of the board of directors of Visiting Nurses of the Lower Valley, Inc. “It was truly a pleasure to meet these young ladies and it was an honor to award them with these well-deserved scholarships.”

Katherine Bender, APRN, board President, stated, “These students can bring a very bright future to healthcare. On behalf of the board of directors of Visiting Nurses of the Lower Valley, congratulations and best wishes for successful careers to each of these fine young women!”



Ashley Joie, Ashley Savino, Marina Kohary, Kelly Feola, Stephanie Clapp.

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Visiting Nurses of the Lower Valley

Tips for a Safe and Healthy Summer

Summer is well underway. The sea, the sun, and the sand are calling us to spend time outdoors. Fun with family and friends, picnics, hikes, and lazy days at the beach renew and revitalize the spirit. Summer also brings high temperatures, sunburns, insects, and hurricane season. Are you prepared? It's time to make sure you are ready to stay safe and healthy.

Make sure everyone drinks plenty of water as the temperatures rise to prevent heat stroke. Remember the inside of the car can reach 140-190 degrees within half an hour on a hot sunny day. Never leave children or pets unattended in a closed vehicle.

Stock up on sunblock with a UVA/UVB rating of 30 or higher to protect yourself from those harmful ultraviolet rays. A teaspoon of sunblock is recommended for each arm or leg. Remember to apply sunblock to your ears and the tops of the feet, these areas are often forgotten. Hiking, picnicking and outdoor activities in brushy or wooded areas increases the risk of Lyme disease transmitted by ticks. To prevent tick bites, wear light colored clothing on your legs so you can spot any ticks quickly. Use insect repellent containing at least 20% DEET, or wear permethrin-treated clothing. Check your body daily for ticks. Remove ticks with tweezers grasping close to

the skin surface and pull up with steady, even pressure. Clean the area with rubbing alcohol, or soap and water. See your doctor if you develop a red ringed rash, fever, chills or flu like symptoms.

Now is the time to check your emergency kits so you will be ready to evacuate should a hurricane hit. Make sure to have plenty of water, nonperishable food, medications and first aid supplies. Keep a battery powered radio, flashlight and extra batteries on hand. Know the evacuation route and make a plan to follow so all family members will know what to do.

Above all enjoy the summer, and be safe! For more information call Deborah Ringen RN, MSN, FCN at 860-767-0186.

About Visiting Nurses of the Lower Valley

Visiting Nurses of the Lower Valley, Inc. is a not-for-profit, Medicare and Medicaid home health care organization serving Deep River, Essex, Chester and the Lower Valley region. Please check their website (www.visitingnurses.org) or call (860) 767-0186 for service information

Resources:

www.cdc.gov/lyme/resources/TickborneDiseases.pdf

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Current and Upcoming Exhibits at Spectrum Gallery

Spectrum Art Gallery and Store of Centerbrook, presents two exhibits to celebrate the summer/fall season at 61 Main Street.

Collage – It's an Adventure, running through September 13, displays a vivid mixed media show of local and regional fine artists and artisans.

Autumn Arts Exhibit, running September 25 through November 8, presents a mixed media show of local and regional fine artists and artisans.

The Gallery is an expansion of the non-profit arts organization Arts Center Killingworth, which offers classes, workshops, camps, and musical events for all ages. In collaboration with Spectrum, the Arts Center's mission is to provide opportunities for emerging and established artists to display and sell their work.

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Sister Cities Essex Haiti

By Jenifer Grant, Vice President of Sister Cities Essex Haiti

Who would have dreamed that the first efforts of Sister Cities Essex Haiti's music project in 2012 would result in a first-ever performance in Deschapelles of a classical chamber concert with 6 musicians from the Ecole de Musique from Ste Trinité in Port au Prince? And to a SRO very enthusiastic audience! Castillo Saint Armand, Deschapelles resident, whose passion for the clarinet quickly outgrew the skills of the Fanfare Maestro Abner Achoule, continued to study on his own with additional music brought from the US. He attended the Ste Trinité Music Camp in nearby Cange for two successive summers and is now studying in Port au Prince with the first clarinetist in the Ste Trinité Philharmonic. He energized five of his friends from the school to travel to very rural Deschapelles to actually make this wonderful concert happen.

This was a highlight of the second Sister Cities Essex Haiti music week in Deschapelles this past April. Now, three years after our first trip working with the Fanfare Band, Maestro Abner Achoule has trained 20 additional musicians to be able to read music and play as a band. Both the Fanfare Band and the Beginner Band were delighted that Maestra Paddy



Jean Petrice.



Castillo Saint Armand at Cange.

(Hurley) would return, bringing music with requested "styles" such as jazz, swing, Bossa Nova. Ann Lander joined Paddy and myself. In addition to playing with the Old Lyme Band, Ann also serves as the librarian for all their music, and her skills in that area were greatly appreciated as we juggled "feuilles" (sheets) of music between the two groups. We found that the Beginner Band had been taught excellent skills by Maestro Abner especially in reading music and playing as a group. A rigorous schedule of teaching two groups new music for a short week were demanding, but at the end of the week we delighted to be able to perform a joint concert showcasing the two groups' new music and having them play one piece together – a first.

Continued on page 29

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SISTER CITIES...continued from page 28

This July three additional promising musicians, identified by Paddy and Ann as ready to benefit from more rigorous instruction, will attend the Saint Trinité music camp.

Participating in Music Week in Deschappelles gave the three of us special opportunities to renew friendships, develop new ones, and create music together. To know that our project has inspired one musician to persevere and follow a classical route, that it

has inspired Maestro Abner to teach so many budding musicians so well, and to be able to have three of the new Beginner Band qualify to attend the outstanding Ste. Trinité Music Camp is further than we ever imagined in 2012.

SCEH is immensely grateful for all the support that we have received from friends in Essex and beyond who share our desire to be able to respond to the requests from our friends in Deschappelles to enrich their lives.

Essex Garden Club Honors Barbara Edwards

The Essex Garden Club has planted a tree in celebration of the life of Barbara Edwards, longtime member, avid gardener, and lover of all growing things. The tree, a London Plane (*Plantanus x Acerifolia*) has been planted on Dennison Road, Essex, near the Edwards homestead.

Pictured L>R: Linda Newberg, President of Essex Garden Club, Augie Pampel, member of the club and Essex Tree Warden. Members of the Edwards family: Kem Edwards, Debbi Lindstrom, Sarah Edwards Feeney, David Edwards, Mary Edwards Mather, and Lucy the family yellow lab.



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Estuary Council Regional Senior Center



We are a community resource for the nine-town Estuary region's residents over 50 years old providing nutrition, transportation, health support services, education opportunities and socialization. Detailed information is available at our website, <http://www.ecsenior.org>.

It is also the home of **The Thrift Shop**. Stop by 220 Main Street on weekdays from 10 am - 3:45 pm and Saturdays from 9 am - 12:45 pm to check out the treasures. There is a new selection of items every day. Donations are accepted daily, up to one hour before closing. (Please, no electrical items, upholstered items, books, sporting goods or luggage without wheels.)

The Estuary Council is the sole provider of Meals on Wheels for the Shoreline region. Mark your calendars for a delicious way to support this vital program:

SHORELINE CHEFS - Sunday, September 20. This first time event will bring together local professional and home Chefs as well as some local dignitaries; all making small plate tastings for those in attendance to sample. Join us on the Old Saybrook Town Green from 3 - 6 pm. The afternoon will be filled with fabulous food, beverages for purchase, music, and the chance to vote for your favorites (food, chef, booth decorations). Support Meals on Wheels and Join Us. If you are interested in being a Chef, or being a Sponsor, or need ticket pricing, call (860) 388-1611 x211.

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<p>Essex - Gorgeous South Cove Area Charming Ranch - 2BR, 2 bath, Large Living Room with Fireplace, 16' ROW to Cove. 1+ Acre. Located in area of more expensive homes. Views! Offered at \$495,000</p>	<p>Year Round Indian Town - Old Saybrook Deed beach rights. Water view, 2 beaches, clubhouse and marina. Pretty ranch home w/ furnishings. Spacious Kitchen, living room with fireplace. Home is also a perfect rental. Offered at \$475,000</p>	<p>Essex Village Excellent Neighborhood Home. Pretty 3BR, 2 1/2 bath, Living Room with fireplace, Granite and stainless kitch. Spacious family room. Level back yard with garden areas. 2+ car gar. Offered at \$595,000</p>	<p>Essex Antique Home - Walk to Town Exceptional Village Cape, sold with restored Federal shown above at 22 North Main. Perfect guest house or income producing property. 5 rooms, 2BR, FP. Offered at \$1,100,000 with House Shown Above</p>

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Essex Garden Club Awards Scholarships

The Essex Garden Club is pleased to announce the winners of its 2015 scholarships.

Scholarships of \$1000 each were awarded to Mackenzie Goller of Ivoryton. Mackenzie, a 2015 graduate of The Williams School will attend Wheaton College in the fall. He intends to pursue an independent major in agriculture, called Food and Environmental Studies.

Sarah Watson, of Essex, is a junior at Gettysburg College. Her major is Environmental Studies with a concentration in Sustainable Development. This past semester, Sarah was in Denmark with the Danish Institute for Study Abroad continuing her studies in sustainability of various issues such as sustainable chocolate production and urban gardens.

Elisabeth Kane, also of Essex, is a sophomore at Columbia University majoring in Environmental Biology. She has also studied abroad, spending last summer in Sao Paolo, Brazil in an Ecosystems Experience Program at a reforestation site within the Atlantic Forest.

Additionally, 15 camperships @ \$125 each were given to Essex Park and Recreation Summer Session to educate younger children on the beauty and wonder of nature. The Club also supports the Bushy Hill Nature Center in Ivoryton by offering 4 camperships of \$520 each.

The Garden Club wishes to thank all those who supported the club's annual May Market, the proceeds from which enable the club to make such donations.

Chestnut Hill Concerts Season Opener August 7

First concert of "What's in a Key?" features music by Beethoven, Prokofiev, and Schumann. Ronald Thomas, Artistic Director. Katharine Hepburn Cultural Arts Center (The Kate), 300 Main Street, Old Saybrook on August 7 at 8:00 pm.

Key of D. Beethoven: Serenade for Flute, Violin, and Viola in D major, Op. 25. Prokofiev: Flute Sonata in D major, Op. 94. Schumann: Piano Trio No. 1 in D minor, Op. 63.

Catherine Gregory, flute. Jesse Mills, violin. Tien-Hsin Cindy Wu, viola. Ronald Thomas, cello. Rieko Aizawa, piano.

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Here at the Ivoryton Library, it seems we are always telling you things: We have this available for check out, we have these programs, sign up for Summer Reading; or else we're asking you: please come to our fundraiser, please become a member, please volunteer.

What I would like to do right now is say Thank You.

Thank you for using the Ivoryton Library, for coming in and checking out. For signing-up, for volunteering, for buying a

ticket and for becoming a member. What we do here is for you and we want to do it right. We try to stock what you want to check out and try to get in for you whatever else you need. We present programs geared to our strengths and your interests. We have to have fundraisers but we try to make them interesting, a 5K, a trivia night, a benefit night at the Ivoryton Playhouse, a house and garden tour. You seem to appreciate all this and we thank you.

We do have fun things happening here: Our children's Summer Reading programs extend into August with a Flo Gris Fairy program August 2 at 3:00 pm, a STEAM program August 4 at 4:00 pm, End-of-Summer-Reading Party at the Centerbrook Meetinghouse August 20, 4-5 pm and our annual Welcome to Kindergarten Party August 20, 11-11:45 am. Call us for more information and to register, 860-767-1252.

And about that membership thing. We have sent out our annual membership appeal. If you like what we do, perhaps you'd be willing to become a member or renew your membership.

Thank you, from the Ivoryton Library.

Essex Town Hall

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Diane Daudt with her mom, resident Marie Daudt, looking at all the places they've flown to as flight attendants.

We've Traveled the World and are Still Enjoying Happy Moments Together.

Diane Daudt and her mother, Marie, both enjoyed careers as flight attendants, traveling the world over. "We've shared so many happy memories in the past and continue to enjoy happy moments together now. At Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, Mom is able to be involved, stay active, and even go bowling with her friends, says daughter Diane." **Safe Harbor offers:**

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Oregon Wines for Summer

Art Lipuma, General Manager, SeaSide Wine & Spirits and Spirits of Madison

Oregon is one of the most famous areas for the production of excellent Pinot Noir and Pinot Gris. The climate is cool, wet and mild in the winter, and dry during the summer growing season. This is crucial for these varieties as the grapes do not do well in high humidity. Willamette Valley, which is unique due to the fact that it resides in both Oregon and Washington, is the most famous region for these 2 varieties.

Oregon Pinot Noir has similar characteristics to Burgundian Pinot

Noir from France. This is due to similar weather patterns in both areas, and the close proximity to the ocean. The combination of the climate and the soil give this light bodied grape great depth, while being very approachable for most any palate. Notes of cherry, blackberry and raspberry are common amongst these soft and dry red wines.

Oregon Pinot Gris, most widely known as Italy's 'Pinot Grigio', is one of the most popular white varieties from this region.

Although they are also well known for their Riesling and Chardonnay, Pinot Gris is the most sought after white variety. Pinot Gris shows great complexity with flavors of apricot, peach and citrus fruits, with mild acidity and a crisp finish.

These wines pair beautifully with light meats, seafood, salads and a variety of cheeses. Whether you are simply enjoying light hors d'oeuvres with a close friend or hosting a large get together, these are exceptional wines for this summer...Cheers!

The Shoreline Soup Kitchens & Pantries provide food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

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 <p>Essex Village Gracious Federal reproduction offering character, charm and water views. Spacious, level .73 acre lot w/ gardens located down a quiet village lane with water access. Attached garage. Short walk from shops, restaurants, marinas and yacht clubs. <i>Offered at \$795,000</i></p>	 <p>Essex Village Amazing move-in ready c.1849 vintage home in the heart of Essex village. Two fireplaces, winter views of the CT river, artist's studio/woodworking shop. First floor bedroom & laundry. Wide-board floors. New kitchen, baths and mechanicals. <i>Offered at \$619,000</i></p>	 <p>Essex Village Crisp architect designed renovation of this charming 'Shaker-modern' one floor 'condo alternative'. Master w/beamed ceiling, wood floors. Cool, clean, classic colors and detail throughout. Garage with extra storage. <i>Offered at \$355,000</i></p>	 <p>Essex Heritage Cove Lovely, peaceful water views from this remodeled covered end unit with fireplace! Open kitchen with granite counter tops, island & stainless steel appliances. Association pool and dock. Covered parking. <i>Offered at \$224,500</i></p>

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- Firepit/Outdoor Kitchen

Maintenance

- Lawn care
- Spring/Fall Clean-ups
- Snow Removal

David Quintin • 860.514.8918
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Essex Land Trust Events and Programs August to October

The following Essex Land events are free and open to the general public.

Saturday, August 1 at 9 am – Hike of the Month: Osage Trails. Take Maple Avenue off North Main Street, to Foxboro Road, then first left.

Saturday, August 22 - Family Outing in the new Thousand-Acre Preserve – 9 am. Parking and access off Ingham Hill Road, Essex. Bring the family and join Chris Cryder of the Connecticut Fund for the Environment and Steven Trojan, Director of the Bushy Hill Nature Center in exploring the critters, plants, and ponds of the new Thousand Acre Preserve. We'll walk some easy trails for 1-2 hours and share adventures, followed by refreshments. Rain cancels. All ages welcome.

Saturday, September 5 – Hike of the Month: Fern Ledge, next to old Shoreline Clinic, off Route 153.

Saturday, September 26 - Source to Sea Annual River Cleanup – 9 am to noon, at the foot of Main Street in Essex. Join with your neighbors and help clean the shores of our beautiful Connecticut River. Coordinated by the Land Trust and the Connecticut River Museum and sponsored by the CT River Watershed Council, the event will be conducted simultaneously by volunteers along the length of the river from Canada to Old Saybrook. Meet at the Connecticut River Museum at the foot of Main Street in Essex where you will be given an assignment. Wear waterproof boots, work gloves, and come rain or shine. Refreshments will be served. All ages and abilities are welcome.

Saturday, October 3 at 9 am – Hike of the Month: Thousand Acre Preserve walk, Essex access off of Ingham Hill Road.

Tuesday, October 6 - Long Island Sound's Fall Feast – 7 pm, Essex Library, 33 West Avenue. The mouth of the CT River and Long Island Sound contain a rich smorgasbord of more than 70 species of fish that are prey for ospreys, eagles, striped bass, seals, shorebirds, and a broad range of other wildlife. These underappreciated forage fish are the vital base of the Eastern Seaboard's food chain. Some, such as the menhaden (aka bunker) often seen in vast schools in Essex harbor, play an outsized role and are also the focus of a controversial commercial fishery. This talk by Penny Howell, Senior Fisheries Biologist, CT DEEP, Marine Fisheries Division will bring to life this remarkable and largely unknown congregation of species, describe how they live and interact in our waters, and discuss the management issues critical to their long term survival.

Saturday, October 17 - 6th Annual Ivoryton Library 5K Run. Registration begins at 7:30 am at Ivoryton Village Green.

Co-sponsored in part by the Essex Land Trust, The Ivoryton Library's 6th Annual Run Local, Read Local 5K Run/Walk, benefiting the Library, meanders through Ivoryton Village and the Essex Land Trust's Falls River Preserve. 5K prizes awarded in 6 age groups. Children 8 and under running in the Pumpkin race will be given medals and pumpkins to decorate. The Pumpkin Run begins at 8:45 am and the 5K at 9:15 am. Parking is available in designated lots. To preregister go to www.ivoryton.com. All are welcome. Rain or shine.

For more information about the Essex Land Trust and these events, please visit our website at www.essexlandtrust.org. or email info@essexlandtrust.org.

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